

Application Form
Reading Group 2011-2012

Name:
Address:
.....
.....
Home Tel: Work Tel:
.....
Email:.....
.....

I enclose my payment of £10 per session (£5 for trainees). Please tick session (s) listed below

- 28th October 2011 — Your Voice in my Head
- 11th November 2011 — Engleby
- 13th January 2012 — The Diving Bell and the Butterfly
- 10th February 2012 — Darkness Visible
- 16th March 2012—Room
- 20th April 2012 — Reunion
- 18th May 2012 — Foster
- 8th June 2012 — Frankenstein

Cancellation Policy: WPF Therapy reserves the right to cancel the Reading Group should minimum numbers not be reached by the closing time for applications. In the event of cancellation by the participant, WPF Therapy reserves the right to a 25% cancellation fee. In the event of participant cancellation within the last postal week before the group, the fee will not be refunded.

CANCELLATIONS WILL NOT BE ACCEPTED BY TELEPHONE BUT MUST BE MADE IN WRITING.

TOTAL ENCLOSED:

I agree to the above cancellation policy

Signed:



Reading Group

W P F T H E R A P Y

2011-2012



Friday, 28th October 2011
Your Voice in my Head
by Emma Forrest with Lisa Ferguson

Friday, 11th November 2011
Engleby by Sebastian Faulks
with Jenny Riddell

Friday, 13th January 2012
The Diving Bell and the Butterfly by
Jean-Dominique Bauby
with Susan Hewes

Friday, 10th February 2012
Darkness Visible by William Styron
with Stephen Crawford

Friday, 16th March 2012
Room by Emma Donoghue
with Jacquie Hardman

Friday, 20th April 2012
Reunion by Fred Uhlman
with Stephen Gross

Friday, 18th May 2012
Foster by Claire Keegan
with Brid Greally

Friday, 8th June 2012
Frankenstein by Mary Shelley
with Pat MacDonald

COST : £10 per session
(£5 for trainees)

All sessions are 7.00pm—8.30pm
on Fridays

at 23 Magdalen Street, London, SE1 2EN
(London Bridge)

Tel: 020 7378 2054
email : training@wpcf.org.uk



make a change

Friday, 28th October 2011 *Your Voice in my Head* by Emma Forrest

with Lisa Ferguson

Emma Forrest, an English journalist, was twenty-two and living in America when she realised that her quirks had gone beyond eccentricity. Lonely, in a dangerous cycle of cutting and bulimia, and drawn inexplicably to damaging and cruel relationships, she found herself in the chair of a slim, balding and effortlessly optimistic psychiatrist - a man whose wisdom and humanity would wrench her from the vibrant and dangerous tide of herself, and who would help her to recover when she tried to end her life. One day, when Emma called to make an appointment with her psychiatrist, she found no one there. He had died, shockingly, at the age of 53, leaving behind a young family. Processing the premature death of a man who'd become her anchor after she'd turned up on his doorstep, she was adrift. A modern day fairy tale of New York, *Your Voice in My Head* is a dazzling and devastating memoir, clear-eyed and shot through with wit. In a voice unlike any other, Emma Forrest explores depression and mania, but also the beauty of love - and the heartbreak of loss. 'Forrest is brilliant on the vertiginous fall from love to abandonment ... Describing personal experiences in a way that renders them universal, without succumbing to boastfulness, false modesty or cliché, requires both artistry and a keen understanding of human nature' --Daily Telegraph

Friday, 11th November 2011 *Engleby* by Sebastian Faulks

with Jenny Riddell

Mike Engleby says things that others dare not even think. When the novel opens in the 1970s, he is a university student, having survived a 'traditional' school. A man devoid of scruple or self-pity, Engleby provides a disarmingly frank account of English education. Yet beneath the disturbing surface of his observations lies an unfolding mystery of gripping power. One of his contemporaries unaccountably disappears, and as we follow Engleby's career, which brings us up to the present day, the reader has to ask: is Engleby capable of telling the whole truth? *Engleby* can be read as a lament for a generation and the country it failed. It is also a poignant account of the frailty of human consciousness. Sebastian Faulks's new novel is a bolt from the blue, unlike anything he has written before: contemporary, demotic, heart-wrenching – and funny, in the deepest shade of black. The Times 'Witty, poignant, Engleby is as cold as a Fenland wind, clever as a Cambridge don'

Friday, 13th January 2012 *The Diving Bell and the Butterfly* by Jean-Dominique Bauby

With Susan Hewes

The diary of Jean-Dominique Bauby who, with his left eyelid (the only surviving muscle after a massive stroke) dictated a remarkable book about his experiences locked inside his body. A masterpiece and a bestseller in France, it is now a major motion picture directed by Julian Schnabel. On 8 December 1995, Jean-Dominique Bauby suffered a massive stroke and slipped into a coma. When he regained consciousness three weeks later, the only muscle left functioning was in his left eyelid although his mind remained as active and alert as it had ever been. He spent most of 1996 writing this book, letter by letter, blinking as an alphabet was repeatedly read out to him. 'The Diving-Bell and the Butterfly' was published in France on Thursday 6th March 1997. It was immediately hailed as a masterpiece. And then, three days later, he died. 'The Diving-Bell and the Butterfly', which records Bauby's lonely existence, is probably the most remarkable book about the triumph of the human spirit, the ability to invent a life for oneself in the most appalling of circumstances, that you will ever read.

Friday, 10th February 2012 *Darkness Visible* by William Styron

with Stephen Crawford

In the summer of 1985 William Styron was overtaken by persistent insomnia and a troubling sense of malaise - the first signs of a deep depression that would engulf his life and leave him on the brink of suicide. *Darkness Visible* takes us on an unprecedented journey into the realm of madness. It is an intimate portrait of the agony of Styron's ordeal, as well as a probing look at an illness that affects millions but is still widely misunderstood. Through his remarkable candour and powers of description comes a true understanding of the anguish of a desperate mind.

Friday, 16th March 2012 *Room* by Emma Donoghue

With Jacquie Hardman

Jack is five. He lives with his Ma. They live in a single, locked room. They don't have the key. Jack and Ma are prisoners. 'This book will break your heart . . . It is the most vivid, radiant and beautiful expression of maternal love I have ever read' *Irish Times* "This is a truly remarkable novel. It presents an utterly unique way to talk about love, all the while giving us a fresh, expansive eye on the world in which we live' *New York Times Book Review*

Friday, 20th April 2012 *Reunion* by Fred Uhlman

with Stephen Gross

Middle-class, Jewish Hans forms an intense friendship with Konradin, the young aristocrat in his class. A year later it is over. Nothing remarkable, except that it is 1932 and we are in Germany. *Reunion* is a profound look at both the nature of friendship and the effect of Hitler's rise to power on the lives of all Germans. From the Publisher 'A delicate, daring novella about the loss of innocence in pre-war Germany'.

Friday, 18th May 2012 *Foster* by Claire Keegan

with Brid Grealley

A small girl is sent to live with foster parents on a farm in rural Ireland, without knowing when she will return home. In the strangers' house, she finds a warmth and affection she has not known before and slowly begins to blossom in their care. And then a secret is revealed and suddenly, she realizes how fragile her idyll is. Beautiful, sad and eerie, it is a story of astonishing emotional depth, showcasing Claire Keegan's great accomplishment and talent.

Friday, 8th June 2012 *Frankenstein* by Mary Shelley

with Pat MacDonald

Begun when the author was only eighteen and conceived from a nightmare, *Frankenstein*, is the deeply disturbing story of a monstrous creation which has terrified and chilled readers since its first publication in 1818. Mary Shelley was born in 1797, only daughter of William Godwin the philosopher and writer and Mary Wollstonecraft, the radical author of *A Vindication of the Rights of Woman*. Her mother died a few days after her birth. In 1814 she left England with Percy Bysshe Shelley, and married him in 1816 on the death of his wife. She returned to England in 1823 after her husband's death.